

The greatness of subtlety.

Indra's gathering in the court of Indra has been praised. Indra means the One who constantly showers the shower of knowledge, the One who changes the jungle of thorns into a garden. Such a gathering of Indra is praised as the gathering of angels, that is, the ones who are always flying. The wings of the angels are well known. Only angels and not human beings can reside in the court of Indra. Human beings are those who do not consider themselves to be souls but consider themselves to be human, that is, to be bodies. Such body-conscious ones cannot reside in the court of Indra. The residents of the court of Indra can immediately detect the bad odour of body consciousness. Do you consider yourselves to be the residents of the court of Indra, the angels of Indraprasth, who are far removed from the bad odour of the body. Are your wings of gyan and yoga strong? Even if you wish to fly, if your wings are not strong you keep coming down. Do you always remain beyond body consciousness, that is, beyond the world of the old body and old relationships? Do you remain beyond these in an elevated stage? There isn't the slightest bit of body consciousness, that is, the bad odour of being a human, is there? Body-conscious ones cannot reside in the court of Indra. Do you experience body consciousness to be a very bad odour? Just as you move away from a bad odour, or you adopt a method to remove it, in the same way, do you adopt methods to remove body consciousness? This is not an ordinary gathering, this is an alokik gathering, this is a gathering of angels. Do you experience yourself to be an angel? Are you able to stabilize yourself in a stage beyond this world of bodies, in your original stage, in one second? Do you know how to perform

this drill? Whenever and where ever you choose, are you able to stabilize yourself in that stage for as long as you choose!

Today, at amrit vela, BapDada was looking at the children's drill. What did He see? Those who arrived to practise drill were arriving numberwise on the whistle of time. There were many who arrived. But, Baba saw three types of children. One were those who were just spending time $\frac{1}{4}$ second were those who were following the discipline and third were those who were fulfilling their love. Each one's pose was different. There were very few who took the intellect up above, who became like the Father and celebrated a meeting. Those who came to practise spiritual drill wished to practise the drill but they were unable to do so. What was the reason for that? Just as, nowadays, in order to practise physical drill you need lightness, not grossness, because grossness is heaviness, in the same way, in this spiritual drill there were many with different types of heaviness, that is, many with a gross intellect. Just as there are different kinds of heavy bodies, in the same way, there are various types of heaviness in souls. If a photo were to be taken by an alokik camera, or if you were to see the various poses in the palace of mirrors, you would be very amused. Just as, in your world, there is a very amusing game of various poses, in the same way, there is a lot of laughter there also. Would you like to see this amusing game? There were many who were unable to mould themselves because of their heaviness. Instead of going up, they kept coming down. Instead of experiencing the seed stage, they were getting caught in the upheavals of the expansion of the tree, that is, in the tree of many thoughts. Baba is telling you about the poses of those with a gross intellect. They sit in order to have a heart-to-heart conversation, but instead of that, they sit with a whole file of complaints about themselves and other souls. They sit to experience the flying stage, but they show a lot of talent for making excuses. They come to BapDada to

lighten their burden. However, because they do not follow Baba's shrimat, instead of lightening their burden, they take on themselves the burden of many types of disobedience of shrimat. BapDada saw the scenes of souls with many types of burden. The scene of those who just follow the discipline was also very amusing. Do you know what that is? Instead of singing praise in front of the Father, instead of attaining all powers from the Father, the attainment of sleep has greater attraction for them.

There is semi-intoxication $\frac{3}{4}$ they are looking forward to the time finishing. Instead of love for the Father, there is greater love for the intoxication of sleep. What is the reason for this? It is heaviness in the soul, that is, grossness. Nowadays, doctors ask people to reduce their physical grossness $\frac{3}{4}$ that is, to lose weight $\frac{3}{4}$ to become lighter. In the same way, Brahmin souls have weight, that is, a gross intellect. Remove this burden and become those with a subtle intellect. This is the special transformation that is needed at the present time. Only then will you become the angels of the court of Indra. What is the most elevated method to remove grossness? Precaution in diet and exercise. When taking precautions, the quantity is also fixed. In the same way, let there be the exercise of the intellect becoming bodiless again and again. Thoughts are the food for the intellect $\frac{3}{4}$ let there be precaution in that. Whichever food of thought is required, whenever it is required, only accept that at that time. Do not take extra food of waste thoughts. So there should be the precaution of not taking the food of waste thoughts. Self-control is needed for precaution. Otherwise, you will not be able to have complete precaution. Self-control means wherever and whenever you need to apply your intellect, you should be able to apply it. Only then will you become those with a subtle intellect. Subtlety is greatness. Just as lightness of body adds to the personality of a person, in the same way, subtlety of the intellect and lightness of the soul is the personality of Brahmin life. So, what

do you have to do now? Finish the many varieties of grossness. Baba will speak about the detail of grossness at another time^¼ about what the different varieties of grossness are. There are many different varieties of burdens also and Baba will tell you about those at another time. So, what is the news of today's drill? To finish the burdens. Have the aim of finishing these and become an angel, that is, make yourself light.

To such angels of the court of Indra^¼ to those who become the residents of the land beyond within a second^¼ to those who always become like the Father and celebrate the meeting with the Father^¼ to those with a subtle intellect, that is, to the great souls, BapDada's love remembrance and namaste.

With the groups:

One minute up, the next minute down: do you practise this exercise? Those who don't practise find it difficult. Do you experience this spiritual exercise? If you were to receive the direction to become stable in the seed stage right now just as directions are given to do something and it is done in one second in the same way, if you were given the direction to become stable in the highest stage, would you be able to do this or would it take time? If the teacher asks you to put your hands up and you are not able to do this, then what would the teacher say? He would say: Move out of the line and stand on one side. He would take you out of the line, would he not? Here also, you would have to come out of the line. That is, you automatically come out of the line of intense effortmakers. You become part of the line of those who are just simply effortmakers. If an exercise has to be shown on a public stage, only

the clever ones will appear on the stage. For that, the group who would claim first prize would be needed. So, to be first means to be a fast effort maker. If you are not fast effort makers then you cannot be the first effort makers. You would then become the second group. Someone who is heavy is not able to go fast. There should be no type of heaviness or burden. If you are not able to have constant yoga, it means that there is heaviness $\frac{3}{4}$ there is a burden. It is the burden that brings you down. The fact that you come down means that there is a burden. Body consciousness brings you down. Just as the Father is the Highest on High, His place of residence is the highest on high, His task and His virtues are the highest on high, so too, your place of residence, your virtues and your task are also the highest on high, are they not? You are like the Father, are you not?

How can the ones with the highest place of residence, highest virtues and task come down? You should not come down but you do. What would this be called? First effort makers, or second? How can you have the aim of being first class yet have the characteristics of the second? You want to sit in the first class but you have purchased a second class ticket, and so how can you be able to sit first class?

The mothers and the kanyas are especially lucky because they are the poorest of all. Baba is also praised as the Lord of the Poor, not the Lord of the Wealthy. So the poor ones, not the wealthy, can claim a status quicker. The poor are the fortunate ones. So the kumaris and the mothers are fortunate that they are either a kumari or a mother at the confluence age. It is the divine activity of the gopies with the Father that has been remembered more $\frac{3}{4}$ not so much of the gopes. You are lucky that you are in the body of a gopi. At the confluence age Bap Dada's slogan is: Shaktis first. Brahma Baba

himself also surrendered to the mothers. You have heard that the mother is the guru of Brahma Baba as well. So you are so fortunate! Do you have this awareness and move with recognition of so much fortune? One is to know and the other is to accept and live on that basis. The status of the mothers, who have a part with Shiv Baba, is no less. Do you have so much intoxication? Do you have so much happiness? If you stay in this stage, you will keep flying in happiness. Do you have this much intoxication, this much happiness? Stay in this stage and you will keep flying in happiness. Angels always keep flying. You are such angels of the confluence age that you keep flying with the Father in the subtle region and the supreme region. To fly does not mean to go into trance but to keep flying with the vehicle of the intellect. The vehicle of the intellect is very big. You can reach wherever you wish and whenever you choose with the intellect, but not a gross intellect, only with a subtle intellect. So, what do you have to do now? Go completely beyond the attachments of this world. This is what your effort is, is it not? What is there in this world anyway? What use is a world without essence? So then, why do you go there? Would you go to a place where there is nothing useful? So stop your intellect going there. Since there is no attainment and there is no benefit, why does your intellect go there? Time is wasted, is it not? You have to come back from there anyway, and when you have to return, your time and energy are wasted. So then, why do you waste these? You have to accumulate forty-two births in a short time. Should you waste such a short time? To waste one second means to waste the reward of one birth. The time of the confluence is so important.

Achcha, you constantly remain happy, do you not? Do you sometimes cry? One are the tears of the eyes, the other are tears of the mind. There should not be tears of the mind either. To experience a wave of sorrow in the mind means there are tears in the mind. No variety of tears should come.

Become free from tears. Those who cry now lose. Those who laugh attain. Therefore, you should not see the world of sorrow even by mistake. You are experienced in that already $\frac{3}{4}$ so then, why do you get deceived? Once you have become experienced by being deceived, why allow yourself to be deceived again? Why do you fall into the world of sorrow? Once someone has fallen into a ditch, would he allow that to happen a second time? This ditch is the very depths of hell. The thought of falling into this should not come even in your dreams. The mothers are multimillion times fortunate. Baba sees you with that elevated vision. Not just a hundred times fortunate but multimillions times fortunate. To be a hundred times fortunate is ordinary, but you have become multimillion times fortunate. Always stay happy. Churn the treasures you have received from Baba and always remain cheerful. You will not receive such a huge treasure in any other birth throughout the entire cycle. So you should fly with so much happiness! Angels don't come down $\frac{3}{4}$ they keep flying up above. You are the ones who always stay in the love of One, are you not? Let there be no love other than love for the Father. One Father and none other! Your intellect should not go anywhere else even by mistake. Break all other connections and forge a connection with One $\frac{3}{4}$ this is the Father's direction.

The sound that should emerge in your mind is: One Father and none other. This is called the soundless chant. You have to go ahead of one another. Whomsoever you see should be seen as number one. This is the wish that the Father has for the children. All of you are number one. Number one means those who are always victorious. The victorious jewels defeat the situation they are not defeated by that. A Shakti means someone who is a conqueror of sinful actions. Achcha.

Blessing: Instead of being defeated again and again, sacrifice yourself and become a victorious master almighty authority. When you constantly have every thought and perform every action considering yourself to be a victorious jewel, there can never be defeat. Someone who is a master almighty authority can never be defeated. If you are defeated again and again, then you experience Dharamraj. Those who are defeated will have to make many garlands in the future ¹/₄ they will have to offer garlands to many images from the copper age onwards. Therefore, instead of being defeated, surrender yourself. Make a promise to adopt your perfect form and you will become victorious.

Slogan: The words "at some point" indicate weakness. Therefore, don't say "I will do it at some point", but say, "I will do it now".

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